

Helping Individuals Succeed Through Training in Food Service

Spring/Summer Catering Menu

FROM OUR HEARTS, TO YOUR TABLE

To Order:

Phone: 509-328-6702 ext. 202

Online: https://help4women.org/new-leaf-kitchen-cafe/

Email: catering@help4women.org

Appetizers

Trays, Platters, and Boards

Each platter Serves 10 Prices listed below.

Little Bites	Price	Description
Charcuterie	100	Chefs' choice of cheeses, meats, dried fruits, and crostinis
Fresh Fruit Tray	50	Assorted in- season fruit
Cheese Board	80	Chefs' choice of assorted cheeses
Asian Style Dumplings	35	Your choice of pork or chicken
Vegetable Tray	50	Assorted vegetables with a ranch dip

Cold Cut Sandwiches

Served with either a garden salad or bag of chips

\$16 per personMinimum order: 10

Cashew Chicken Salad Sandwich

Chopped roasted chicken blended with diced celery, chopped green onions, crushed cashews, and mayo on French bread.

Carved Roast Beef Sandwich

Carved roast beef with a horseradish mayo, provolone cheese, and sprouts on brown bread.

Marinated Portabella Mushroom Sandwich

Marinated portabella mushroom with roasted red peppers, mixed greens, and a blue cheese mayo on French bread.

Hot Lunch

Served Buffet style with a side of select salad and a cookie

Herb Roasted Chicken Breast

Pan seared airline chicken breast, topped with an herb compound butter served with a rice pilaf and seasonal vegetables. GF

Baked Potato Bar

Baked russet potatoes serves with an array of house favorites toppings.

Healthy Alternatives		Price Per Person: See below. Quantity- 10 people
Pastries	Price	Description
Fruit Salad	75	Assorted fruit mixed with fresh mint and a honey vinaigrette
Quinoa Salad	75	Your choice of quinoa or bulgur tossed together with mixed herb, fresh veg, shelled edamame, and a berry vinaigrette
Layered Pea Salad	75	Iceberg lettuce, onions, peas, hard boiled egg, chopped carrots, celery, with a light vinaigrette dressing
Pinwheel Tray	45	Turkey, Ham, and Roast beef assortment with fresh lettuce and cheese.
Thai Peanut Chicken Salad	50	Grilled chicken breast over a bed of spring greens, purple cabbage, Jicama, and green onions with Thai peanut dressing.

Sweet Treats

Sold by the Dozen!

Pastries	Price	Description
Cookies	40	Chefs' choice of assorted specialty cookies
Scone	45	Your choice of sweet or savory
Cinnamon Rolls	50	Classic cinnamon rolls with a chai cream cheese frosting
Tray of Mixed Pastries	45	Assortment of Scones, Croissants, and other Chefs' choice pastries
Fruit Pizza	50	Assorted Fruit with a thin layer of cream cheese on top of a sugar cookie crust
Honey Glazed Pear Crips	50	Oven roasted pear with an oat streusel glazed with honey

