2023 WISH LIST
3128 N. Hemlock St., Spokane (509)328-6702 help4women.org

EduCare
- 7oz Take & Toss sippy cups
- Baby wipes (Kirkland)
- Band-Aids (all sizes)
- Bleach
- Crayola crayons (Jumbo size)
- Diapers (sz 4, 6)
- Dish soap
- Dryer sheets
- Garbage bags
- Hand soap
- Kleenex
- Laundry detergent (liquid)
- Masking tape
- Measuring cups
- Packing tape
- Paper towels
- Puzzles (preschool & toddler)
- Silicone bibs
- Silverware sets (forks & spoons for smaller hands)
- Spray bottles (Lg)
- Sunscreen (Equate kids SPF 50 lotion, no spray)
- Toilet paper

Home Yard Cottages
- Bus passes (day)
- Colored pencils
- Coloring books
- Craft paint & brushes
- Day planners/calendars
- Dishwasher pods
- Full comforters (NEW)
- Full sheet sets (NEW)
- Garbage bags
- Gas/grocery gift cards
- Laundry detergent
- Paper towels
- Reusable grocery bags
- Small rolling cart
- Toilet paper
- Window markers

Miryam’s House
- Bus passes (2-hr, day, 31-day)
- Gas/grocery gift cards
- House slippers (all sz)
- Kitchen knife set
- Laundry detergent
- Manicure sets
- Pajamas (S-XXXL)
- Personal fans
- PG-13/PG/G movies
- Shower curtains/hooks
- Silverware sets
- Snow boots (sz 7-11)
- Socks (all sz)
- Twin XL comforters & sheet sets (NEW)
- Umbrellas
- Underwear (S-XXXL)
- White noise machines

New Leaf Kitchen & Café
- Binders
- Black Sharpies
- Blank baseball hats
- Bus passes (31-day)
- Canvas aprons (solid color)
- Chef coats (white)
- Colored folders
- Non-slip shoes (Men’s sizes 8-12) (Women’s sizes 7-9)
- Notebooks
- Pens

Transitional Living Center
- All-purpose cleaner
- Baby wipes (hypoallergenic)
- Brooms & mops
- Bus passes (day, 7-day)
- Couches (up to 84”)
- Diapers (sz 4 & up) and Pull-ups
- Full, Twin, & Queen bedbug covers w/zippers (NEW)
- Full, Twin, & Queen comforters (NEW)
- Full, Twin, & Queen sheet sets (NEW)
- Laundry detergent
- Paper towels
- Pillowcases & pillows (NEW)
- Pots & pans sets
- Small dressers or clothing storage
- Small furniture
- Small heaters
- Swiffers
- Toilet/bathroom cleaner
- Toilet paper

Women’s Hearth
- Activity books (adult coloring, crossword, Sudoku, trivia, word search)
- Backpacks, travel bags
- Body wipes (flushable)
- Bus passes (2-hr)
- Clorox cleaning wipes
- Deodorant
- Disposable razors
- Hair brushes/hair ties
- Protein bars/snacks (individually wrapped)
- Reusable grocery bags
- Toothbrushes
- Travel size shampoo/conditioner
- Travel size toothpaste
- Underwear (S-XXXL)
- Winter gloves

920 West 2nd Ave
Spokane, WA 99201
(509) 328-6702

DONATION DROP OFF TIMES (at the address below): Monday - Friday 9:30am - 3:30pm
Feel free to order online, and have items shipped to us at 3128 N Hemlock St, Spokane, WA 99205.
For more info or to arrange a different drop off time, please contact Donielle at (509)328-6702 or info@help4women.org

Note: Items in bold are the most needed.