



Transitions



2021 Holiday Wish List

You can make an impact at our six programs this holiday season. **Note: Items in bold are the most needed.**

EduCare

- 7oz Take & Toss sippy cups
- Air fryer
- Art supplies (brushes, paint, painting paper)
- Blankets (Lg)
- Bleach (gallon size)
- Diapers (Newborn, 1, 2, 3)
- Dish soap
- Dryer sheets
- Garbage bags
- Glider chair
- Hand soap/hand soap refill containers**
- Infant socks
- Infant toothbrushes
- Jogging stroller
- Kirkland diaper wipes
- Kitchen knife set
- Kleenex
- Laundry soap
- Lysol
- Outdoor toys
- Over the sink drying rack
- Pants (3T, 4T, 5T)
- Paper cups (dixie size)
- Paper towels**
- Portable/mini crib sheets
- Sleep sacks (6-9mo, 9-12mo)
- Spray bottles (Lg)**

Home Yard Cottages

- Bus passes (day)**
- Cleaning supplies**
- Diapers (size 5, 6)
- Dishwashing pods/tabs
- Garbage bags**
- Gas/grocery gift cards
- Laundry detergent
- Paper towels**
- Preloaded laundromat cards**
- Reusable grocery bags

Miryam's House

- Adult coloring books
- Alarm clocks**
- Backpacks/duffle bags
- Baskets (S-Med)
- Bathroom rugs
- Bus passes (day, 2-hr, 31-day)**
- Camping supplies
- Canning supplies
- Craft kits
- Grocery/gas gift cards
- IKEA couch covers
- Kitchen knife set**
- Manicure sets
- Pajamas (S-XXL)**
- Personal fans
- PG-13/PG/G movies (new or used)
- Pillows (new/in pkg)
- Puzzles
- Robes (all sizes)**
- Shower curtains/hooks
- Snow boots (sizes 7-11)
- Socks**
- Stair climbing shopping carts
- Tweezers
- Twin XL comforters & sheet sets (new/in pkg)
- White noise machines

New Leaf Kitchen & Café

- Bus passes (31-day)**
- Label maker
- Letter writing supplies (greeting cards, postcards, envelopes, paper, stamps) for volunteer letter writing by participants
- Magnetic digital kitchen timers**
- Plastic Cambro containers and lids (2qt, 4qt, 6qt)
- Pots and pans set (commercial grade)
- Professional knife set
- Sauté pans (Lg, commercial grade)
- Sharpies

Transitional Living Center

- Air conditioners (window units)
- Baby wipes (hypoallergenic)
- Brooms
- Bus passes (day, 7-day)**
- Diapers (size 4 & up) and Pull-ups
- Full, Twin, & Queen bed bug covers w/zipper
- Full, Twin, & Queen sheet sets (new/in pkg)
- Garbage bags
- Kitchen garbage cans
- Laundry baskets
- Laundry detergent
- Lysol/Clorox wipes
- Microwaves
- Mops
- Paper towels
- Plastic cups
- Toilet paper
- Toy boxes/chests
- YA/children's series books

Women's Hearth

- 2022 calendars
- Activity books (adult coloring, crossword, Sudoku, trivia, word search)
- Bladder leakage pads
- Bus passes (2-hour)**
- Colored pencil packs
- Deodorant
- Flashlights
- Hand & foot warmers**
- Journals (lined/blank)
- Neck wallets**
- Pamper items (nail polish, facial sheet masks, lotion, body wash)
- Powder laundry soap
- Toilet paper
- Washcloths
- Winter gloves
- Winter socks
- Yaktrax

DONATION DROP OFF TIMES (at the address below):

Mon 1-4pm

Tues 2-5pm

Wed 1-3pm

Thurs 2-4pm

Feel free to order online, and have items shipped to us at 3128 N Hemlock, Spokane, WA 99205.

For more info or to arrange a different drop off time, please contact Sarah at (509)328-6702 or info@help4women.org