

Women's Hearth

920 W 2nd Ave (509) 455-4249
 Spokane, WA www.help4women.org
 99201



September 2020

Sun-Tue 9am-3pm
 Wed 10:45- 3pm
 Thurs 9am-3pm

- We will be opened for limited services. We will be providing showers. On the hour. Please sign up with staff at 9 am. We provide shower hygiene.
- We will be assisting with food, hygiene and limited clothing.

*** During the 9-3 hours there will be case management services. Please stop by, or call for an appointment.**

Morning Snack Hearth 12-1 closed 10-2 Jewels Helping Hands	Breakfast Shalom Noon Snack Hearth Dinner Shalom	Breakfast Shalom Lunch City Gate 12-2 Clothing Hearth Dinner Shalom	Breakfast Shalom Lunch City Gate Dinner City Gate	Breakfast Shalom Lunch City Gate 12-2 Clothing Late Snack Hearth	Breakfast City Gate Dinner City Gate	Dinner City Gate
<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
9am-3pm	9am-3pm	9am-3pm	10:45am-3:00	9am-3pm	CLOSE (temporary)	CLOSE (temporary)
		¹ 1st Tuesday of month no City Gate	²	³ Closed	⁴	⁵
⁶	Closed For Holiday ⁷	⁸	⁹	Start to Open ¹⁰ @ 9am-3pm	ONLY OPEN FOR ¹¹ Responsible Renter 9:00am-2:30pm Sign up before hand	Breakfast City Gate ¹²
¹³	12:00 AA Meeting ¹⁴	¹⁵	¹⁶	¹⁷	¹⁸	¹⁹
²⁰	²¹	²²	Closed for staffing	²⁴	ONLY OPEN FOR ²⁵ Responsible Renter 9:00am-2:30pm Sign up before hand	Breakfast City Gate ²⁶
²⁷	12:00 AA Meeting ²⁸	²⁹	Mobile Food Bank rain or shine on the sidewalk 2-3pm ³⁰	Food available while supplies last. At posted times above at The Hearth. *Please ask for "food to cook boxes" while supplies last.		

Responsible Renter Program:

Bad credit, evictions, and criminal history can make finding a home difficult. Learn about what resources are available at the Responsible Renter Classes. Each class is made up of three sections:

Money/Debt Management Learn how to improve your methods for managing money and bettering your credit. Receive information on budgeting, banking, and borrowing. Find out how to get a free credit report and make a debt reduction plan.

Tenant's/ Rights & Responsibility Learn about the Landlord Tenant Law, evictions, fair housing, accommodation for disabilities, service animals and Renter's Insurance.

Finding Home Make a plan for finding housing. Learn about rental applications, landlord interviews, screening reports, deposits, fees and leases.

Responsible Renter Program These classes are taught on the third week of the month at The Women's Hearth and the last Tuesday of the month at 631 S. Richard Allen Ct, RM 205 enter by the back door on Ivory St. Free Parking Lot/Bus #45 from 9am-2:30pm.

Supportive Groups:

A.A./Alcoholics Anonymous Women supporting women. Membership is open to anyone who wants to address their addiction.

You will be asked to wear a mask. You will be given a mask that must be worn at all times while at The Hearth for safety.

You will be required to wash your hands with soap and water. Your temperature will be taken. Thank you for having patience during these trying times.

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Our Featured Value

Growth and Wholeness:

We value understanding. I understand that we all grow in our own way. I accept that learning takes time and practice.

We value growth. I understand that everyone makes mistakes. I ask for help and help others grow from mistakes.

We value effort. I use uplifting language and offer encouragement to others as they try something new or do something to the best of their ability.

We value life-long learning. I am open to learning and pursuing activities, groups and interactions that help me learn new skills, grow my strengths, and give me joy.

Please note some activities have sign up list at the greeter's desk an hour before the activity. Due to the popularity of some groups & limited space available spots may be raffled.